

~ Meal #1 ~

February 2018



	Mon	Tue	Wed	Thu	Fri
W e e k 1	Jan 29 Spaghetti & Meatballs with Bread Stick	30 Macaroni & Cheese with Salad	31 Hot Hamburger, Taters, Veggies & Gravy	1 Chicken Noodle Soup & Biscuit <i>Order forms sent home</i>	2 Cheese Pizza with Veggie Sticks & Cookie <i>Lunch Orders Due</i>
W e e k 2	5 Egg & Cheese Breakfast Sandwich w/fruit	6 Sweet & Sour Meatballs, Rice & Veggie	7 Chicken Strips, Mashed Potatoes, Gravy & Corn	8 Beefy Nachos with Cheese Sauce & Salad <i>Order forms sent home</i>	9 Pepperoni Pizza with Veggie Sticks & Cookie <i>Lunch Orders Due</i>
W e e k 3	12 French Toast w/ Fruit	PANCAKE TUESDAY13 Pancakes, Sausage & Fruit	14 Chicken Dinner with Potatoes & Veggie Special Dessert with all meals	15 Chicken Noodle Soup & Biscuit <i>Order forms sent home</i>	16 Cheese Pizza with Veggie Sticks & Cookie <i>Lunch Orders Due</i>
W e e k 4	19 Mona Louise Parsons Heritage Day (no classes)	20 Sloppy Joe & Salad	21 Hot Chicken Sandwich with Taters & Veggie	22 Garlic Fingers, Veggie Sticks & Cookie <i>Order forms sent home</i>	23 Pepperoni Pizza with Veggie Sticks & Cookie <i>Lunch Orders Due</i>

DAILY MEALS *Enfield Cold Plate with Drink & Cookie ~ \$4.00 (\$4.75 with chocolate milk)*
Hamburger/Cheeseburger Meal with Smoothie & Drink ~ \$4.00 (\$4.75 with chocolate milk)
Grilled Cheese Sandwich Meal with Baked Lay's & Drink ~ \$4.00 (\$4.75 with chocolate milk)
Pancakes with Yogurt & Fruit & Drink ~ \$4.00 (\$4.75 with chocolate milk)

Meal #1 or #2 includes meal and drink – Snacks may be ordered separately.

~ Meal #2 ~

Mon	Tue	Wed	Thu	Fri
Grilled Cheese Sandwich, Veggie & Baked Lays	Soft Beef Taco with Veggie, Salsa & Sour Cream	Special Dessert Feb 14 Hamburger or Cheeseburger with Smoothie or Nachos/Salsa	Nuggets, Fries & Veggie	Chicken Burger & Frozen Yogurt

Recess & Lunch Hour (*when available)

2% milk-250 ml	\$0.40
Skim milk-250 ml	\$0.40
Chocolate milk-250 ml	\$1.25
Water-500ml	\$1.00
Orange / Apple juice	\$0.60
Small Smoothie	\$1.00
Baked Chips	\$1.00
Pretzels	\$1.00
Pizza Stick (Wednesday)	\$1.00
*Cookies	\$0.50
Welch's Fruit Snacks	\$1.25
Frozen Yogurt	\$1.00
Lolly (popsicle)	\$0.50
Cinnamon Buns (Tuesday)	\$1.00

**Milk \$.40/carton or
\$8.00/milk card**

Daily Specials

(Drink & Dessert Extra)

Add \$1.00 for breadstick with meal)

Ham & Cheese Sandwich	\$3.00
Chicken Caesar Wrap	\$3.50
Grilled Cheese Sandwich	\$2.50
Sandwich or Wrap:	
- Chicken Salad	\$3.00
- Egg Salad	\$3.00
Salad -Tossed or Caesar	
- Small	\$2.75
- Large	\$3.75
Chicken Caesar Salad	\$4.50
- Small	\$3.50
Hamburger	\$2.75
Cheeseburger	\$3.25

Meal Price - \$4.00